# **MONARCH PAPERS**



SCORING THE TUCKMAN TEAM MATURITY QUESTIONNAIRE ELECTRONICALLY

Erin Barkema<sup>1</sup> and John W. Moran<sup>2</sup>. October 2013

### **DESCRIPTION:**

The Forming – Storming – Norming – Performing model of group development was first proposed by Bruce Tuckman in 1965, who maintained that these phases are all necessary and inevitable in order for the team to grow, to face up to challenges, to tackle problems, to find solutions, to plan work, and to deliver results.<sup>3</sup> Today, public health departments are employing the Tuckman concept on a regular basis to make quality improvements to their critical processes. Team leaders and managers need to understand how teams mature and when to intervene when things are not progressing as desired.

#### WHEN TO USE:

The purpose of the Tuckman Model is to identify and understand what stage a team is operating in. It can be used at any point in the development process to build awareness of how the team is maturing and developing strategies to move forward. The team is administered a questionnaire containing statements about teamwork.<sup>4</sup> Each team member scores each of the 32 questions using the scale in the following page to indicate how often their team displays each indicated behavior:



1 Erin Barkema, MPH is a consultant to the Public Health Foundation and a Regional Community Health Consultant for the Bureau of Local Public Health Services at the Iowa Department of Public Health, and part-time faculty in the Master of Public Health program at Des Moines University.

2 John W. Moran, MBA, Ph.D., CMC, CQIA, CMQ/OE, is a Senior Quality Advisor to the Public Health Foundation and a Senior Fellow at the University of Minnesota, School of Public Health in the Division of Health Policy and Management. Vice-President of the

Advisory Board of Choose To Be Healthy Coalition for York County, Maine, 2011 – present, and a faculty member of the CDC/IHI Antibiotic Stewardship project 2011-2012. He is a member of the PHAB QI and Evaluation Committee and Adjunct Professor in the Arizona State University School of Health Sciences.

3 http://en.wikipedia.org/wiki/Tuckman's\_stages\_of\_group\_development, accessed 5/19/2013

4 http://www.nwlink.com/~donclark/leader/teamsuv.html, accessed 10/1/2013

| QUESTIONNAIRE | <b>RESPONSE SCALE 1</b> Almost never              |
|---------------|---|
| Name:         | <ul><li>2 Seldom</li><li>3 Occasionally</li></ul> |
| Date:         | 4 Frequently                                      |
|               | 6 Almost always                                   |

- 1 \_\_\_\_\_ We try to have set procedures or protocols to ensure that things are orderly and run smoothly (e.g. minimize interruptions; everyone gets the opportunity to have their say).
- **2** \_\_\_\_\_ We are quick to get on with the task at hand and do not spend too much time in the planning stage.
- 3 \_\_\_\_\_ Our team feels that we are all in it together and shares responsibilities for the team's success or failure.
- 4 \_\_\_\_\_ We have thorough procedures for agreeing on our objectives and planning the way we will perform our tasks.
- **5** \_\_\_\_\_ Team members are afraid or do not like to ask others for help.
- **6** \_\_\_\_\_ We take our team's goals and objectives literally, and assume a shared understanding.
- 7 \_\_\_\_\_ The team leader tries to keep order and contributes to the task at hand.
- 8 \_\_\_\_\_ We do not have fixed procedures, we make them up as the task or project progresses.
- 9 We generate lots of ideas, but we do not use many because we fail to listen to them and reject them without fully understanding them.
- **10** \_\_\_\_\_ Team members do not fully trust the other team members and closely monitor others who are working on a specific task.
- 11 \_\_\_\_\_ The team leader ensures that we follow the procedures, do not argue, do not interrupt, and keep to the point.
- 12 \_\_\_\_\_ We enjoy working together; we have a fun and productive time.
- 13 \_\_\_\_\_ We have accepted each other as members of the team.
- 14 \_\_\_\_ The team leader is democratic and collaborative.
- 15 \_\_\_\_\_ We are trying to define the goal and what tasks need to be accomplished.
- 16 \_\_\_\_\_ Many of the team members have their own ideas about the process and personal agendas are rampant.

- 17 \_\_\_\_\_ We fully accept each other's strengths and weaknesses.
- 18 \_\_\_\_\_ We assign specific roles to team members (team leader, facilitator, time keeper, note taker, etc.).
- 19 \_\_\_\_ We try to achieve harmony by avoiding conflict.
- **20** The tasks are very different from what we imagined and seem very difficult to accomplish.
- 21 \_\_\_\_ There are many abstract discussions of the concepts and issues, which make some members impatient with these discussions.
- 22 \_\_\_\_\_ We are able to work through group problems.
- 23 \_\_\_\_\_ We argue a lot even though we agree on the real issues.
- **24** \_\_\_\_\_ The team is often tempted to go above the original scope of the project.
- 25 \_\_\_\_ We express criticism of others constructively.
- **26** \_\_\_\_\_ There is a close attachment to the team.
- **27** \_\_\_\_\_ It seems as if little is being accomplished with the project's goals.
- **28** \_\_\_\_\_ The goals we have established seem unrealistic.
- 29 Although we are not fully sure of the project's goals and issues, we are excited and proud to be on the team.
- **30** We often share personal problems with each other.
- 31 \_\_\_\_\_ There is a lot of resisting of the tasks on hand and quality improvement approaches.
- 32 \_\_\_\_ We get a lot of work done.

### SCORING

Once the questionnaire is scored by each team member the next step is to transfer all the scores on the questionnaire to the score sheet below. When you have entered all the scores for each question, total each of the four columns.

| FORMING<br>Stage Item Score | <b>STORMING</b><br>Stage Item Score | NORMING<br>Stage Item Score | <b>PERFORMING</b><br>Stage Item Score |  |  |  |
|-----------------------------|-------------------------------------|-----------------------------|---------------------------------------|--|--|--|
| 1                           | 2                                   | 4                           | 3                                     |  |  |  |
| 5                           | 7                                   | 6                           | 8                                     |  |  |  |
| 10                          | 9                                   | 11                          | 12                                    |  |  |  |
| 15                          | 16                                  | 13                          | 14                                    |  |  |  |
| 18                          | 20                                  | 19                          | 17                                    |  |  |  |
| 21                          | 23                                  | 24                          | 22                                    |  |  |  |
| 27                          | 28                                  | 25                          | 26                                    |  |  |  |
| 29                          | 31                                  | 30                          | 32                                    |  |  |  |
|                             |                                     |                             |                                       |  |  |  |

# SCORING IT ELECTRONICALLY

Scoring these questions manually is a tedious process and can result in data entry errors. To help simplify the process an **electronic scoring tool** has been developed and is explained in the next section. The electronic tool separates the 32 questions into their Tuckman team maturity categories and each respondent's (R) score is entered for each question.

The questionnaire is designed to help you assess what stage your team normally operates in. The lowest score possible for any individual in any stage is 8 (almost never) while the highest score possible for a stage is 40 (almost always).

The highest of the four scores indicates which stage you perceive your team to normally operate in. If your highest score is 32 or more, it is a strong indicator of the stage your team is in.

The lowest of the three scores is an indicator of the stage your team is least like. If your lowest score is 16 or less, it is a strong indicator that your team does not operate this way.

If two of the scores are close to the same, you are probably going through a transition phase, except:

- If you score high in both the Forming and Storming phases then you are in the Storming phase.
- If you score high in both the Norming and Performing phases then you are in the Performing phase.

If there is only a small difference between three or four scores, then this indicates that you have no clear perception of the way your team operates, the team's performance is highly variable, or that you are in the Storming phase (this phase can be extremely volatile with high and low points).



# **SCORING IT ELECTRONICALLY**

| Forming | R1 | R2 | R3 | R4 | R5 | Avg | Storming   | R1 | R2 | R3 | R4 | R5 | Avg |
|---------|----|----|----|----|----|-----|------------|----|----|----|----|----|-----|
| Q1      | 1  | 2  | 3  | 1  | 2  | 2   | Q2         | 2  | 2  | 3  | 1  | 2  | 2   |
| Q5      | 1  | 3  | 4  | 1  | 3  | 2   | Q7         | 2  | 3  | 4  | 2  | 2  | 3   |
| Q10     | 2  | 1  | 2  | 1  | 2  | 2   | Q9         | 3  | 3  | 4  | 3  | 1  | 3   |
| Q15     | 2  | 2  | 1  | 2  | 3  | 2   | Q16        | 1  | 3  | 3  | 4  | 3  | 3   |
| Q18     | 3  | 2  | 1  | 5  | 1  | 2   | Q20        | 3  | 4  | 5  | 4  | 2  | 4   |
| Q21     | 1  | 3  | 2  | 1  | 1  | 2   | Q23        | 2  | 4  | 4  | 5  | 1  | 3   |
| Q27     | 2  | 1  | 1  | 1  | 2  | 1   | Q28        | 1  | 5  | 3  | 1  | 1  | 2   |
| Q29     | 1  | 2  | 3  | 1  | 1  | 2   | Q31        | 3  | 3  | 2  | 2  | 3  | 3   |
| Total   | 13 | 16 | 17 | 13 | 15 | 15  | Total      | 17 | 27 | 29 | 22 | 15 | 22  |
|         |    |    |    |    |    |     |            |    |    |    |    |    |     |
| Norming | R1 | R2 | R3 | R4 | R5 | Avg | Performing | R1 | R2 | R3 | R4 | R5 | Avg |
| Q4      | 4  | 3  | 4  | 3  | 3  | 3   | Q3         | 4  | 2  | 2  | 1  | 1  | 2   |
| Q6      | 3  | 4  | 3  | 2  | 4  | 3   | Q8         | 3  | 1  | 1  | 3  | 2  | 2   |
| Q11     | 4  | 4  | 4  | 5  | 3  | 4   | Q12        | 2  | 1  | 3  | 2  | 3  | 2   |
| Q13     | 5  | 3  | 2  | 1  | 4  | 3   | Q14        | 2  | 2  | 1  | 2  | 4  | 2   |
| Q19     | 4  | 2  | 5  | 4  | 5  | 4   | Q17        | 3  | 3  | 1  | 4  | 1  | 2   |
| Q24     | 3  | 3  | 2  | 2  | 3  | 3   | Q22        | 2  | 1  | 2  | 1  | 1  | 1   |
| Q25     | 4  | 4  | 3  | 3  | 4  | 4   | Q26        | 2  | 1  | 2  | 2  | 2  | 2   |
| Q30     | 5  | 2  | 4  | 4  | 4  | 4   | Q32        | 3  | 2  | 2  | 3  | 2  | 2   |
| Total   | 32 | 25 | 27 | 24 | 30 | 28  | Total      | 21 | 13 | 14 | 18 | 16 | 16  |

Team XYZ has five team members and their individual and group scores are shown below:

The Tuckman Survey Scoring Template can be downloaded in Excel format from the following location:

http://www.phf.org/download/Tuckman\_Survey\_Scoring\_Template.xlsx

#### SURVEY RESULTS - ANALYSIS XYZ TEAM

