

LEADERSHIP AWARENESS QUESTIONS: PART A



1. What feelings are you experiencing right now?
2. What is your favorite emotion?
3. What is your least favorite emotion?
4. What motivates you?
5. What excites you the most?
6. What are your strengths and areas of opportunity?
7. What questions do you avoid being asked?
8. What makes you feel great about yourself?
9. What are your fears?
10. Are you confused in a particular area of your life?
11. Are you torn between decisions?
12. When was the last time you had a reality check?
13. Is there a time in your life where you hit rock bottom?
14. What worries you the most?
15. Have you had any regrets lately?
16. What are your most stressful and tense moments?
17. What and when was your latest frustration?
18. How do you feel when you make tough decisions?
19. Do you feel anxious when meeting people for the first time?
20. When was the last time you took a big risk?
21. What is something you are very sensitive about?
22. Do you feel isolated? If so, when?
23. Are you tolerant of yourself?
24. Are you tolerant of others?
25. What are you thrilled about at this time?
26. What do you most connect with? Why?
27. Who inspires you the most in the world?
28. How can you get out of your comfort zone?
29. Do you talk more than you listen?
30. What are the three things you are most confident about?

CHECKLIST

- Call: 956.530.0907
- Email: Jesus@monarchleaders.com
- Visit: monarchleaders.com
- Set up a Workshop



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