

EQUILIBRIUM

SEMINAR SERIES



IS EQUILIBRIUM ACHIEVABLE?

Some authors say life balance is a utopia. Others talk about life harmony. EQUILIBRIUM. It's a more realistic approach. You will learn tools that will help you be more aware of different aspects of equilibrium and decide for yourself.

Reflect on Your Purpose in Life

Be aware of what your purpose is in life.

Find Your Path

Have a frame of reference by increasing the level of consciousness of your actions and decisions, especially in a state of confusion. It will bring awareness and a deeper understanding of yourself.

Gain More Clarity on Your Aspirations & Imperatives

Have more clarity on the things you aspire to have in your life and the things you absolutely must have.

Priority Plan for Short Term, Mid Term & Long Term

Set goals that are specific, measurable, attainable, realistic and time bound.

The main objective is to plant a seed in you to start the journey of reflection about life purpose, path, aspirations and imperatives. By the end of the module, you will have started the process of defining your life purpose & path. You will also have more clarity on your aspirations and imperatives and worked on some short, mid and long term **SMART GOALS**.

BOOK TODAY

To learn more, visit MonarchLeaders.com or email Jesus@MonarchLeaders.com



“The key is to align your leadership style with your team to inspire growth and maximize potential.”

JESÚS DE LA GARZA

ABOUT MONARCH LEADERS™

With over 30 years of experience and master's degrees in both business and counseling, Jesus has a background in psychology, counseling, and entrepreneurial leadership which gives him a unique perspective of human behavior and understanding the challenges a person faces in group interactions. He has also created the Monarch Model™, a diagnostic tool for groups, and The Monarch Advantage™, a method combining coaching, counseling, mentoring, and consulting for groups and individuals.

Jesus is an active member of the American Counseling Association and the Entrepreneur's Organization (EO), a global non-profit organization for entrepreneurs. He has facilitated over 700 strategy sessions with different groups around the world and has served on the EO Global Board of Directors. Jesus has created and facilitated sessions on leadership, high-performance groups, and life-planning, among other topics. Jesus has received recognition and numerous awards from EO chapters and organizations around the globe.

CERTIFICATIONS & EXPERTISE:

Master of Business Administration

Master of Counseling with
Specialty in Groups

EO Leadership Academy

Entrepreneurial Master Program

College of Executive Coaching:
Personal and Executive

Return of the Master Minds

Situational Leadership:
Coaching and Leaders Forum Trainer

Moderator Trainer

Forum Workshops

Forum Sherpa Master Facilitator

CHECKLIST

- **CALL:** 956.530.0907
- **EMAIL:** Jesus@MonarchLeaders.com
- **VISIT:** MonarchLeaders.com
- Schedule a Seminar



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