

EMPATHY

SEMINAR SERIES

IS EMPATHY A TECHNIQUE OR ARE YOU BORN WITH IT? One of the biggest challenges with empathy is the ability to be empathetic to those we are closest to.

Gerard Egan, a professor and Emeritus of Loyola University in Chicago, wrote *The Skilled Helper* book and workbook. His model proposes in order to be empathetic with someone, it is critical to have clarity in three aspects: feelings, experience/context and behavior/action which is shown in the figure below.

In our businesses and families, we rush to conclusions to try to solve the problem quickly without further explanation. Instead, we should keep in mind the balance of the Egan Model and discover what is at the core of the issue and explore alternatives.



In the Empathy module of the seminar series, you will strengthen your empathy skills, improve collaboration and create more innovative, productive, and satisfying experiences in your daily life.

[LEARN MORE](#)

To learn more, visit MonarchLeaders.com or email Jesus@MonarchLeaders.com

“In order to have empathy for someone, it is critical to have clarity.”

JESÚS DE LA GARZA



ABOUT MONARCH LEADERS™

With over 30 years of experience and master's degrees in both business and counseling, Jesús has a background in psychology, counseling, and entrepreneurial leadership which gives him a unique perspective of human behavior and understanding the challenges a person faces in group interactions. He has also created the Monarch Model™, a diagnostic tool for groups, and The Monarch Advantage™, a method combining coaching, counseling, mentoring, and consulting for groups and individuals.

Jesús is an active member of the American Counseling Association and the Entrepreneur's Organization (EO), a global non-profit organization for entrepreneurs. He has facilitated over 700 strategy sessions with different groups around the world and has served on the EO Global Board of Directors. Jesús has created and facilitated sessions on leadership, high-performance groups, and life-planning, among other topics. Jesús has received recognition and numerous awards from EO chapters and organizations around the globe.

CERTIFICATIONS & EXPERTISE:

- Master of Business Administration
- Master of Counseling with Specialty in Groups
- EO Leadership Academy
- Entrepreneurial Master Program
- College of Executive Coaching: Personal and Executive
- Return of the Master Minds
- Situational Leadership: Coaching and Leaders
- Forum Trainer
- Moderator Trainer
- Forum Workshops
- Forum Sherpa Master Facilitator

CHECKLIST

- Call: [956.530.0907](tel:956.530.0907)
- Email: Jesus@MonarchLeaders.com
- Visit: MonarchLeaders.com
- Schedule a Seminar



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